

Radiant Skin Smoothie

Wheatgrass and Spirulina are rich in many vitamins and minerals that contribute to the maintenance of normal skin, hair and nails. The Radiant skin smoothie is a great way to start your day.

½ cucumber

½ cup of water / coconut water

1 stick of celery

Handful of fresh spinach, washed

1 tsp of Greens Organic Wheatgrass

1 tsp of Greens Organic Spirulina



*Blend together, pour into
a glass and enjoy!*